



We know from experience that meticulous planning, early preparation, and immediate response are the linchpins of weathering a severe storm. Given the heightened activity of recent storm seasons, and with experts forecasting another robust season ahead, readiness is key to minimizing the impact of the Florida storm season.

The proactive measures outlined in this guide will help you plan ahead and prioritize the safety of you and your loved ones.

In the event of a major storm, we'll also provide updates and alerts on our website and social media channels.

#### Follow us on social media:



Peoples Trust Insurance



Peoples Trust Insurance



PeoplesTrustOfficial

For additional information, call 1-561-609-1000 or visit PeoplesTrustInsurance.com. It's not how other insurance companies do business. It's *Simply a Better Way.* 

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### **Emergency Resources**

Here's a list of resources available to assist you during a major storm. Keep the following contacts handy in case of an emergency:

#### **FEMA**

www.fema.gov

1-800-621-3362

**Food Safety** www.fsis.usda.gov

1-888-674-6854

Florida Division of Emergency Management www.floridadisaster.org

1-850-413-9969

**CDC Emergency Preparedness & Response** https://emergency.cdc.gov/

1-800-232-4636

**People's Trust Insurance Claims** 

1-561-609-1002



In an emergency, be sure to call 911 for assistance.

### 2024 **Storm Names**

**Alberto** Helene Oscar Beryl **Patty** Isaac Chris Joyce Rafael Debby Kirk Sara **Ernesto** Leslie Tony Francine Milton **Valerie Nadine** Gordon William



We are your full partner in recovery after a loss, and we'll be here for you after the storm.

To report a claim, call People's Trust first at 1-561-609-1002.

### **Storm Warnings And Terms To Know**



### **Tropical Storm Watch**

Tropical storm conditions are possible and may affect your area within the next 48 hours.



### **Tropical Storm Warning**

Tropical storm conditions are expected in your area within the next 36 hours.



### **Hurricane Watch**

Hurricane conditions are possible in the area. Watches are issued up to 48 hours in advance of the anticipated storm-force winds.



### **Hurricane Warning**

Hurricane conditions are expected in the area. Warnings are issued up to 36 hours in advance of the storm.



### Eye

This is the clear center of the storm that arrives with calmer conditions. But remember, an eye passing over you signals that the storm is only half over.



### Rain Bands

Bands coming off the cyclone that produce severe weather conditions, such as heavy rain, wind and tornadoes.



### Eye Wall

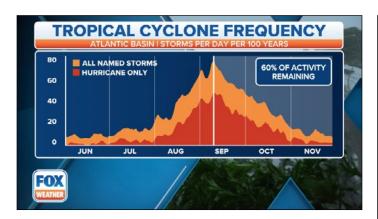
The area surrounding the eye contains some of the most severe weather of the storm, with the highest wind speed and heaviest precipitation.

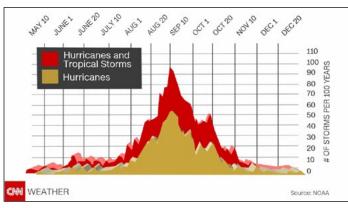


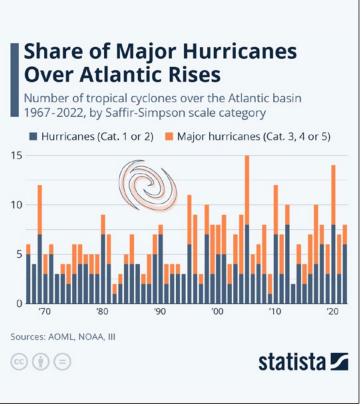
### Storm Surge

A deadly rush of ocean or Gulf water that occurs when a storm makes landfall. This often floods coastal areas and sometimes areas further inland.

### **Hurricane Season Statistics**









# Saffir-Simpson Hurricane Wind Scale

| Category | Sustained Winds | Associated Damage  | Hurricane                   | Year                 |
|----------|-----------------|--|-----------------------------|----------------------|
| 1        | 74–95<br>mph    | <ul> <li>Possible damage to roofs, shingles, vinyl siding and gutters on wood-framed homes.</li> <li>Large tree branches will snap and shallowly rooted trees may fall over.</li> <li>Extensive damage to power lines and poles, which will likely result in power outages lasting a few to several days.</li> </ul>     | Dolly<br>Irene<br>Elsa      | 2008<br>1999<br>2021 |
| 2        | 96–110<br>mph   | <ul> <li>Major roof and siding damage on wood-framed homes</li> <li>Many shallowly rooted trees will fall over and block roadways.</li> <li>Near-total power loss with outages lasting from several days to weeks.</li> </ul>  | Paula<br>Georges<br>Frances | 2010<br>1998<br>2004 |
| 3        | 111–129<br>mph  | <ul> <li>Major damage or removal of roof decking and gable ends on wood-framed homes.</li> <li>Many shallowly rooted trees will fall over and block roadways.</li> <li>Electricity and water will be unavailable for several days to weeks.</li> </ul>   | Ivan<br>Wilma               | 2004<br>2005         |
| 4        | 130–156<br>mph  | <ul> <li>Severe damage to wood-framed homes, with loss of most of the roof structure and/or exterior walls.</li> <li>Fallen trees and power poles will isolate residential areas. Power outages may last weeks to possibly months.</li> <li>Most of the area will be uninhabitable for weeks or months.</li> </ul>       | Idalia<br>Ian<br>Irma       | 2023<br>2022<br>2017 |
| 5        | 157+<br>mph     | <ul> <li>A high percentage of wood-framed homes will be destroyed, with total roof failure and wall collapse.</li> <li>Fallen trees and power poles will isolate residential areas. Power outages may last for weeks to possibly months.</li> <li>Most of the area will be uninhabitable for weeks or months.</li> </ul> | Andrew<br>Michael           | 1992<br>2018         |

### **Hurricane Safety Myths Vs. Facts**



**MYTH:** Taping your windows is the best way to prevent them from shattering during a hurricane.

**FACT:** Tape cannot withstand flying debris caused by hurricane-force winds. Opt for tested and approved storm shutters or emergency plywood instead.



MYTH: It's "only" a tropical storm.

**FACT:** Tropical storms, even tropical depressions, still pose a serious hazard. They often generate widespread, torrential rains of more than 6 inches, which may result in deadly and destructive floods, and can even spawn tornadoes, which may cause severe damage to homes and buildings.



**MYTH:** Before a storm, fill bathtubs and sinks to use as drinking water in case the power goes out.

**FACT:** Water stored in a bathtub can be used for washing clothes, bathing or flushing toilets. Unfortunately, it's not considered sanitary enough for drinking purposes. Opt for bottled water instead.



**MYTH:** Crack your windows open to stabilize pressure during a hurricane.

**FACT:** This is the worst thing you can do. If you let strong wind into your home, it's going to look for a forceful way out, breaking your windows upon impact. In addition, buildings are not airtight. Your home is constructed with enough small openings to prevent pressure from causing anything to explode.

### **Know Your Insurance**

Understanding what is—or is not—covered by your home insurance policy is an important step in preparing your home for storm season. Take a moment to review your insurance policy so that you can be confident your home is properly insured in the event of a major storm.

### **Insuring Your Home**

Verify that your policy limit will cover the costs needed to rebuild your home in the event that it is severely damaged or destroyed. Keep in mind that the real estate value of a house **is not the same** as the cost to rebuild.

Save your policy information and insurer's claims department number in your phone.

### **Insuring Your Personal Property**

The best way to determine how much insurance coverage you need to protect your personal possessions is to conduct a home inventory (see page 13). Maintain a complete written inventory, along with photos or videos, of your household contents and store them in a safe, secure place.

#### Replacement Cost:

Covers the cost to replace your personal property at its current value.

#### **Actual Cash Value:**

Covers the cost to replace your personal property at its depreciated value.

### A Word About Flood Insurance

In a hurricane-prone state like Florida, flood insurance is a must. Flood insurance is intended to cover physical damage to your home "directly" caused by floodwater that either covers at least two acres of your property or two adjacent properties, one of which is yours.

Losses due to flooding are not typically covered under most homeowner's insurance policies. We recommend adding a PTI Flood Insurance policy to ensure complete protection of your home.

PTI Flood Insurance is a direct flood insurance provider through the National Flood Insurance Program (NFIP). For more information, contact your Agent or call **1-561-320-8134** to get a quote.

# What is a Hurricane Deductible?

A hurricane deductible is the amount of the loss caused by a qualifying hurricane event that you take responsibility for as a policyholder.

Hurricane deductibles generally range from 1 to 5 percent of the insured value of the structure of your home. Higher deductibles (for example, 5 percent or 10 percent) may be available and may result in an overall premium reduction.

# Covering Additional Living Expenses

In the event of a major storm that makes your home unfit to live in, Additional Living Expenses coverage pays for reasonable additional living expenses you may incur while your home is being repaired.

Additional Living Expenses coverage is generally equal to 20 percent of the insured value of the structure of your home. However, most insurers also offer higher coverage limit options.

There is typically a **30-day** waiting period on most new flood insurance policies.

Don't wait until the next big storm to get flood insurance. Call People's Trust or your Insurance Agent to discuss your PTI Flood Insurance needs today. **1-561-320-8134.** 

#### **FORMS AND CHECKLISTS**

### **Hurricane Preparedness Checklist**

- Build an emergency kit (see page 11) and make a family communication plan. In case your family isn't together in an emergency, it's vital to know how to contact each other. Keep in mind, cell phone service may be unreliable or even unavailable after a major storm.
- Compile contact information for relevant family members (see page 14) and keep it handy in a wallet or purse.
- Find out the elevation of your property and whether the land is flood-prone. This will help you know how your property will be affected when storm surge or tidal flooding is forecast.
- Learn community hurricane evacuation routes and how to find higher ground. Determine where you would go and how you would get there if you need to evacuate.

- Set aside two hours on a Saturday morning to organize and label your storm shutters, and learn how to use them (see page 19) for a variety of severe weather situations.
- Create an inventory (see page 13 for a downloadable form) of your home's contents, such as electronics, jewelry, vehicles, and appliances. Store it in a waterproof container or plastic sleeve.
- Clear low-hanging or dead tree branches. If you hire a trimming service, ask for a "hurricane cut."
- Bring in outdoor furniture, decorations, garbage cans and anything else not tied down. Secure or remove large objects such as grills and potted plants from your yard.
- Clear clogged gutters and rain spouts, and make sure they are properly secured to your home.
- Test run generators to ensure they're working.



## **Emergency Kit Checklist**

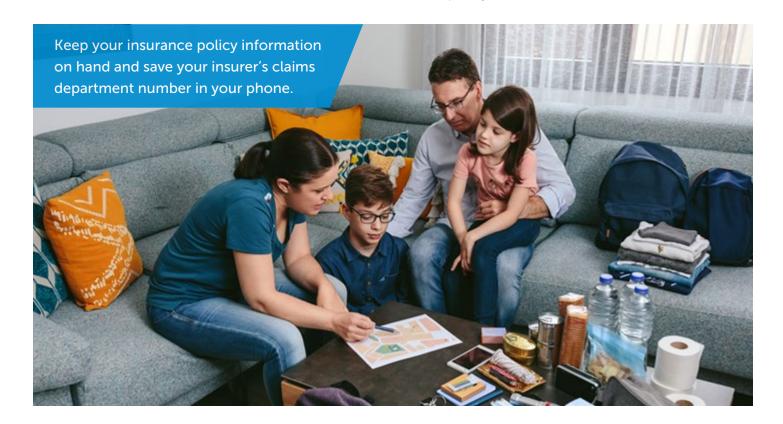
| X Food  | Baby Needs  |
|---|---|
| 7-day supply of non-perishable food               | Bottles, formula, and/or powdered milk  |
| Hand-operated can opener                          | One-week supply of diapers  |
| Disposable plates, cups, utensils                 | Baby wipes and diaper rash ointment   |
| ☐ Napkins or paper towels                         | <b>&gt;</b>   |
| Cookware to boil water                            | Transportation  |
| Propane tanks for your grill so you can cook      | ☐ Maps of local and state roads   |
|   | ☐ Directions to nearby shelters   |
| <b>Water</b>                                      | Spare tire or tire patch kit  |
| ☐ Three gallons of water per person, per day      | Emergency roadside flares or triangles  |
| (FEMA recommends a 5-day supply)                  | List of local services (e.g., public transportation, cabs/rideshares) and their contact information |
| <b>T</b> First Aid                                |   |
| ☐ Fully stocked first aid kit                     | Sanitation & Personal Care  |
| Additional prescriptions or essential medicine    | ☐ Trash bags  |
| List of current medications and allergies         | Disinfectant wipes or gels  |
| Sunscreen   | ☐ Toothbrushes and toothpaste   |
| Insect repellent                                  | ☐ Toilet paper  |
| Fire extinguisher                                 | Spare set of clothes and shoes for each person  |
| Extra cash in case ATMs are down                  | At least one blanket per person   |
| <b>A</b>  | Personal, feminine care items   |
| Lighting  | Soaps and shampoos  |
| Flashlights and extra batteries                   | Dust masks, plastic sheeting, duct tape   |
| A large light source (e.g., fluorescent lantern)  | 26 5  |
| Utility lighter                                   | Pet Needs   |
| A wrench or set of pliers (to turn off utilities) | One week of food and water  |
| <b>©</b> Communication                            | Leash and a crate or carrier  |
| _   | Bed, dishes, toys   |
| Battery-powered AM/FM radio                       | Any medications   |
| NOAA hazard-alert radio                           | Battery-operated air pump for aquarium  |
| Car or emergency charger for mobile devices       | ☐ Vet's contact information   |
| Small notepads and pencils                        |   |

Games and activities that don't require electricity

### **Critical Information To Print**

Preparing for storm season means preparing for an event during which you may lose power. Print out or make copies of important documents and keep them in a waterproof container or sleeve.

#### **Local Phone Numbers** Important Documents Family Contact Information form (see page 14) Emergency management office Family Medication form (see page 15) Law enforcement Utilities Copies of health insurance cards for your family A copy of your homeowner's insurance policy County & city government offices Birth certificates and Social Security cards Hospitals (and addresses) Driver's licenses and vehicle registration American Red Cross Copies of major credit cards (front and back) Radio stations (and frequencies) Bank account and contact numbers Inventory of valuables in your home (see page 13) Maps Recent service or utility bill with your home address Local & state highway maps Maps to your local shelter



#### **FORMS AND CHECKLISTS**

### **Home Inventory**

Use the following home inventory form for each room in your home to make sure all your valuables are documented in the event of a major storm.

| Furniture  | ITEM        | PRICE | DATE | BRAND |
|--|-------------|-------|------|-------|
|  | Furniture   |       |      |       |
|  |             |       |      |       |
|  |             |       |      |       |
|  |             |       |      |       |
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|  |             |       |      |       |
|  |             |       |      |       |
|  |             |       |      |       |

### **Family Contact Information**

| Contact Number:                            |  |  |
|--|--|--|
| Phone Number:                              |  |  |
| Phone Number:                              |  |  |
| how they can be reached throughout the day |  |  |
| Social Security Number:                    |  |  |
| Special Note:                              |  |  |
| Location 2:                                |  |  |
| Address:                                   |  |  |
| Phone Number:                              |  |  |
| Social Security Number:                    |  |  |
| Special Note:                              |  |  |
| Location 2:                                |  |  |
| Address:                                   |  |  |
| Phone Number:                              |  |  |
| Social Security Number:                    |  |  |
| Special Note:                              |  |  |
| Location 2:                                |  |  |
| Address:                                   |  |  |
| Phone Number:                              |  |  |
| Social Security Number:                    |  |  |
| Special Note:                              |  |  |
| Location 2:                                |  |  |
| Address:                                   |  |  |
| Phone Number:                              |  |  |
|  |  |  |

### Provide the following for each family member and update with any changes

|                       | Company Name | Phone Number | Policy Number |
|-----------------------|--------------|--------------|---------------|
| Medical Insurance     |              |              |               |
| Homeowner's Insurance |              |              |               |
| Veterinarian          |              |              |               |

#### **FORMS AND CHECKLISTS**

### **Family Medication Form**

| Print out and complet | te for each family m | nember.            |                           |              |                     |                        |
|-----------------------|----------------------|--------------------|---------------------------|--------------|---------------------|------------------------|
| This Form Is For:     |                      |                    |                           |              |                     |                        |
| Medicinal Allergie    | S                    |                    |                           |              |                     |                        |
| Medication Name       |                      | Reaction (Swe      | lling, Difficulty Breat   | hing, etc.)  |                     |                        |
|                       |                      |                    |                           |              |                     |                        |
|                       |                      |                    |                           |              |                     |                        |
|                       |                      |                    |                           |              |                     |                        |
| Current Prescripti    | ons Use your pre     | escription bottles | s to fill out this inforn | nation for e | every me            | dication you take.     |
| Medication Name       | Doctor's Name        | Doctor's<br>Number | Reason for<br>Treatment   | Dosage (mg)  |                     | How Often<br>I Take It |
|                       |                      |                    |                           |              |                     |                        |
|                       |                      |                    |                           |              |                     |                        |
|                       |                      |                    |                           |              |                     |                        |
|                       |                      |                    |                           |              |                     |                        |
|                       |                      |                    |                           |              |                     |                        |
|                       |                      |                    |                           |              |                     |                        |
|                       |                      |                    |                           |              |                     |                        |
|                       |                      |                    |                           |              |                     |                        |
| Non-Prescription      | Medications Inc      | cluding Vitam      | ins & Supplemen           | ts           |                     |                        |
| Name Reason for       |                      | Treatment          | Dosage (mg)               |              | How Often I Take It |                        |
|                       |                      |                    |                           |              |                     |                        |
|                       |                      |                    |                           |              |                     |                        |
|                       |                      |                    |                           |              |                     |                        |
|                       |                      |                    |                           |              |                     |                        |
|                       |                      |                    |                           |              |                     |                        |
|                       |                      |                    |                           |              |                     |                        |
|                       |                      |                    |                           |              |                     |                        |
|                       |                      |                    |                           |              |                     |                        |
| Pharmacy Name:        |                      |                    |                           |              |                     |                        |
| Pharmacy Numbe        | r:                   |                    |                           |              |                     |                        |

# **Expert Tips To Prepare Your Home Before A Storm Strikes**

### **Put Away Projectiles**

During a major storm, you don't want any potential projectiles flying around outside your home. Make sure to put away all objects that are outside and not attached to the ground, like barbecue grills, trashcans, umbrellas, patio furniture, and flag posts.

Also, many Florida homeowners underestimate the risk of damage from outdoor planters. Unfortunately, outdoor planters can be picked up and tossed around by heavy winds, so be sure to put them indoors!

### **Entryway Chandeliers**

Many homes in upscale Florida neighborhoods have an entryway chandelier. Unfortunately, the only thing usually holding it in place is an electrical cord and a lightweight chain. To prevent your entryway chandelier from becoming a projectile:

- Disconnect the chandelier, OR
- Tie the chandelier to one of the concrete poles holding up the portico. In the event that the chandelier breaks loose, it will hit the ground, rather than fly through the air.

### Prepare Your Backyard Pool

Never empty your pool before a major storm. Adequate water levels help hold a pool in place when heavy rains raise the local water table, and prevent it from cracking. To help manage flooding, drain only one to two feet of water from your pool.

Turn off the pump and motor, and cover them with plastic to prevent them from getting soaked. Shock your pool with chlorine to prevent bacteria build-up.

### Prepare Your Generator

If you can, invest in a portable generator so that in the event you are out of power for a week or more following a storm, you can have some electrical power to run your lights and small kitchen appliances.

If placed in your garage, carport or near your house, the generator may release carbon monoxide into your home. To prevent the risk of carbon monoxide poisoning, place the generator away from your house where it gets sufficient air circulation. Also, secure your generator to a nearby structure or tree with a chain to prevent it from being stolen.

Never place electrical cords near a mud puddle or water source. If you're running an electrical cord from the generator to your house, make sure it has a clean path where it's not going to get rained on.

### Pace Yourself

Personal safety is paramount in the event of a hurricane. More injuries occur before and after a hurricane from people trying to overdo things, such as installing storm shutters and chainsawing fallen tree branches, because they are not used to the increased level of physical excursion.

To prevent the risk of throwing out your back or landing in the ER for a severe injury, pace yourself or consider hiring a company to do the "heavy lifting" for you.

### **Your Evacuation Plan**

### You Should Evacuate If...

- You are told to do so by the authorities.
- You live in a mobile home or temporary structure.
  These are not safe from hurricane-force winds.
- You live in a high-rise building.

- You live in a designated hurricane evacuation zone that has been called to evacuate.
- You live near the coast, river or island waterway. Also evacuate if you live on a floodplain.

### What Evacuation Zone Are You In?

Know what evacuation zone your home is located in before a hurricane hits. Visit https://www.floridadisaster.org/knowyourzone/ and select your county.



### Preparation

- Identify your nearest evacuation centers, when they will open and, if applicable, which ones allow pets.
- As an alternative to an evacuation center, reach out to friends or family who live outside of the forecasted cone of impact and create a list of potential evacuation locations. Record names and contact information of all people willing to let you stay in their homes.
- Designate a main location and a backup location to meet after the storm in the event your family gets separated during the evacuation.
- Designate someone to pack the car with all your supplies and another person to listen for evacuation orders and print out driving directions to your shelter.
- Use the document checklist (see page 12) to make sure you compile all necessary information.
- Gather local area maps in the event that mobile devices lack service or electricity.

### When Evacuating

- Stay calm. Orders are usually given before danger strikes and evacuation centers need time to open.
- Listen to orders at least twice to determine evacuation locations, and print driving directions.
- Unplug appliances, turn off water at the main valve, and deactivate electricity at the breaker box.
- Pack your vehicle and go to your designated evacuation spot or your backup location.
- Turn on the radio to stay tuned to emergency bulletins.
- Anticipate long periods without power and be sure that children's games or activities are easy to access.
- If traveling to stay with friends or family, stick to evacuation routes until you are out of an evacuation area. Emergency professionals will be using the other roads.

### **Non-Evacuation Zone Residents**

Emergency management officials typically recommend that Florida residents who do not live in an evacuation zone stay home during most tropical storms and hurricanes, with the exception of those who are in poor health, elderly, or in the last trimester of pregnancy.

### Preparation

- Check your disaster supplies and bring them into a central "safe room".
- Install your aluminum hurricane shutters. If you do not have aluminum hurricane shutters, board up windows and doors (including garage doors) with plywood.
- Turn your refrigerator and freezer to the coldest setting. Keep them closed as much as you can so your food will last longer if the power fails (see page 20 for food safety tips).
- Fill bathtubs and large containers with water for sanitation purposes (e.g., to flush toilets).
- Turn off and properly secure propane tanks. Place tanks in an easily accessible location, as you may need to use them after the storm to heat canned goods, cook food and/or boil water.
- If you own a generator, fill gas containers and secure them in a safe, easily accessible location.
- Top off your gas tank in case of a shortage after the storm.
- Unplug small appliances (e.g., lamps and electronics) in rooms you do not plan to use during a storm. This will help to protect your belongings from harmful surges when power is restored.
- Charge all cell phones.

### **During the Storm**

- Listen to an NOAA Weather Radio or your local emergency news station for information on the progress of the storm from the National Weather Service.
- Avoid using mobile devices except for emergencies.

  Consider turning them off to conserve power.
- Stay indoors at all times. Keep away from windows and any glass doors.
- Close all of your interior doors, as well as blinds and curtains.
- Move to an interior room or hallway in the lowest level of your home. Sleep here if possible.
- Bring a smoke detector and carbon monoxide detector into the room or hallway.
- If any damage occurs, extinguish candles or other light sources that use flames and generate heat. Immediately switch to flashlights in the dark to avoid harm from potential gas leaks.
- Never use an elevator during a storm.

#### Designate a "safe room" in your home.

Select an interior room with no windows, such as a bathroom or walk-in closet. In the event that your roof develops a hole or completely blows off, have a mattress readily available in the safe room to function as a barrier against flying debris and wind.

### **Install Storm Shutters Like A Pro**

### Pre-Label Storm Shutters

One of the biggest mistakes many Florida homeowners make prior to a major storm is failing to pre-label storm shutters.

As a result, they end up with a massive pile of storm shutters sitting in their garage, and are left rushing to determine where each storm shutter is supposed to go.

Storm shutters typically include a marked number on them. The easiest way to organize storm shutters is to take a plastic label and place one on each window of the house, matching them up to the corresponding shutter.

### Top 3 Things to Install Storm Shutters

To properly install storm shutters, you will likely need the following:

#### 1. Wing-Nut Driver

A wing-nut driver mounts to either an electric screwdriver or power drill. It significantly simplifies the process of clamping down the wing nuts when installing storm shutters. Stock up now! When a hurricane is approaching, you will not be able to find wing-nut drivers in stores.

#### 2. Protective Gloves

Avoid the risk of cutting your hands by wearing thick, protective gloves while installing storm shutters. Keep a backup pair on hand in case a glove rips or a helper forgets their pair at home.

#### 3. Help from Others

Recruit your neighbors and friends to help install storm shutters. This will make installation easier and faster. At the beginning of storm season, form a small group in your neighborhood who commit to helping each other install shutters, along with assisting any elderly or disabled residents.

#### What Are the Best Types of Storm Shutters?

Aluminum shutters are lightweight and relatively easy to install. Also, mesh screens are a newer product that can be purchased in lieu of shutters and installed on certain areas of your home, like patio doors.

A Word to the Wise: Avoid metal storm shutters. They are extremely heavy and very difficult to install.



### **Food Safety**



- Keep items sealed and use storage containers after opening.
- Clean utensils before and after use.
- ▶ Keep any trashcan lids closed.
- Wash your hands frequently.
- Use ready-made formula for infants.



- Eat foods from swollen, busted or rusted cans.
- Eat anything that looks or smells questionable.
- Eat food that comes into contact with floodwater.
- Eat foods that must be refrigerated if they've sat at room temperature for 2+ hours.
- Let trash pile up.

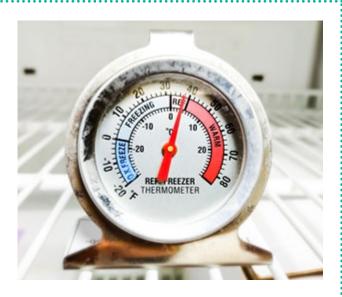
### Four Steps to Can Cooking

- 1. Remove the label and any other paper materials from the can.
- 2. Wash and disinfect the can.
- **3**. Fully open the can. The less liquid, the larger the opening needs to be.
- Cook food by positioning the can above the heat source, not directly on it.



### Power and Your Refrigerator

- Don't open your refrigerator if the power goes out. Food in your refrigerator will stay at a proper temperature for up to 4 hours if it is left unopened.
- Food in the freezer can last longer. Use a thermometer to check if food is 40 degrees or below; this means it is safe to cook or to refreeze if the power is back on.
- If you lose power, a 25-pound bag of dry ice will keep items in the freezer cold for 3–4 days.
- Freeze gallons of water into block ice, which will last longer than cubed ice.



### **Special Considerations For Seniors**

If you have an elderly parent or relative in a nursing home, they're likely going to be well taken care of during a storm. However, if they live alone or with you, it's vital that you make sure they have adequate supplies to cater to their well-being.

#### Water

Dehydration is a serious health problem for older adults.

- If possible, store more than the recommended amount of water.
- Store water in containers that are small and easy to handle, such as clean, sanitized two-liter plastic soda bottles.
- Use caps that are easy to remove by people with arthritis.

### Medical Needs

- Extra hearing aid batteries.
- Medical alert tag or bracelet.
- List of serial numbers and styles of medical devices (e.g., pacemakers, CPAP machines).
- Copies of prescriptions with dosage, directions and refill dates.
- Minimum 2-week supply of all essential medications.
- Adult diapers.

### **Electronics**

- Battery-powered or manual wheelchair, walker or cane.
- Wheelchair batteries.

### Food

- Consider special dietary needs, such as low-sodium, high-fiber or other specific foods.
- Easy-to-use hand-operated can opener with a cushioned, rubber handle grip.

### **Important Papers**

In addition to those listed on page 12, also include:

- Medicare cards.
- Living will and medical power of attorney.
- Veteran's papers.

#### **Evacuation**

Prearrange transportation with neighbors and identify local shelters that accommodate older adults and persons with disabilities.



### **Caring For Pets**

### Before the Storm

- Make sure your pets' tags are current and print a copy of their most recent shot records.
- Take a photo of your pets for identification purposes.
- Add all of your pets' essentials to the emergency kit.
- Coordinate boarding options for your pets (pet hospital, kennel, pet-friendly hotel, local shelter, etc.).
- Designate someone to be responsible for transporting your pet in the event your family evacuates.

### **During the Storm**

- Make sure your pets are inside to prevent them from running away.
- Feed your pets wet canned food before dry food to cut down on the water they need.
- Separate animals, especially cats and dogs. Storms can make animals anxious and erratic.
- Stay calm and act normally. Changes in your behavior can spook animals.
- Keep dogs, cats and other pets in crates or cages.
- If dropping off your pets at a separate shelter, take them there first. Verify the contact information of the shelter and discuss the procedure for returning to pick up your pets.

### **Child Safety**

### Reducing a Child's Fear During a Hurricane

Disasters can be traumatic for children, especially if they don't know what to do. It is important that you provide guidance and reassurance to help ease their fears and emotional stress.

### **Constant Communication**

Keep in constant communication with your children during a hurricane. Talk with them about your plans and let them help gather the family's supplies.

# Put Together a Child-Friendly Evacuation Kit

This could include things like toys, games or stuffed animals—items that don't necessarily require power, batteries or electricity. Let your children choose these items; it gives them a sense of control, and they know what's important to them.



### **Storm Recovery**

Whether you are sheltered in place or returning home after evacuation, stay alert for potential damage and dangers that may arise after a storm. Subsequent rain can cause flooding after a hurricane has ended.

### **Returning Home from Evacuation**

- Wait to return home until officials lift the evacuation order and give the all-clear.
- Do not use roads outside of the evacuation route unless told they are clear.
- Drive slowly and cautiously. Power lines and trees often fall during storms and can endanger drivers.
- Never drive into standing water; you may not know where the puddle ends and a canal starts.
- Look at the outside of your home before re-entering. You need an accurate assessment of potential damage in case the interior is dark due to a power failure.
- Leave immediately if you notice signs of danger (e.g., standing water, the smell of gas, fire damage). Contact emergency services if there is an immediate danger.

### **Exiting Your Home After Riding Out the Storm**

- Venture outside only after officials say the storm is over and it is safe to be outside.
- Contact family and friends to let them know you're okay.
- Contact the American Red Cross if you are unable to reach friends or family. They maintain a shelter database to help you reconnect with loved ones.
- Do not use tap water for cooking or drinking until officials say it is okay.
- Only run your generator outside and away from all structures. Chain it to a large object, such as a tree, to protect it from thieves.
- If you have a carbon monoxide detector, bring it into the common room closest to your generator.

### Assessing the Damage

- Look for any damage to the interior of your home. Immediately seek alternative shelter if you smell gas, have fire damage, or flood waters are not receding from your home.
- Carefully watch your home and yard. Use the buddy system where one person looks for damage while the other watches for dangers on the lawn (e.g., snakes, broken glass, downed power lines).
- Immediately report any downed lines or gas leaks to the proper authorities.
- Take pictures of the damage done to your home.

### Mosquito Safety

- Rain and flooding caused by hurricanes often cause an increase in mosquitoes, which are a nuisance and can carry diseases like Zika virus, a serious concern for pregnant women.
- To control mosquito breeding, drain all open containers with standing water.

#### To reduce your exposure to mosquito bites:

- Inspect and repair window and door screens, and keep windows and doors closed.
- Apply insect repellent that contains DEET or Picaridin to exposed skin and/or clothing when spending time outside.

### What To Do After A Loss Occurs

- Protect your property from further damage by making reasonable and necessary repairs.
- Maintain receipts of all expenses related to the temporary repairs and for any expenses incurred that are to be considered for reimbursement.
- Make a list of your damaged personal property. If possible, include the manufacturer, brand name, and place and date of purchase. Photos or video of your property before the loss are most helpful.
- Separate damaged property and keep it in a secure location. A claims adjuster will need to examine all damaged property to fully estimate your loss.

# Prevent Water Damage Caused by Wind-Driven Rain

One of the biggest problems homeowners face during a hurricane is wind-driven rain, caused by 100 mph winds blowing rain in every direction. No matter how well-built your home is, water can seep under the door and sliders. Prevent extensive water damage to your valuables by moving them away from doors and sliders, toward the middle of your home.

### Protect Yourself From Home Repair Insurance Fraud

The aftermath of a major storm can attract shady contractors seeking to take advantage of distressed homeowners.

Watch out for these red flags when hiring a restoration contractor:

- They happen to "be in the area" and have leftover material.
- They are not affiliated with any recognized trade association.
- Their license or insurance information cannot be verified.
- They demand that you pay in full before they make any repairs.
- They won't provide references for similar jobs in your area.
- They offer a large discount, but don't state the total cost of the repair.

**If you suspect fraud**, notify your home insurance carrier immediately and report it to the Florida DFS Division of Insurance Fraud at **1-800-378-0445**.

### People's Trust Policyholders: Call Us First for Seamless, No-Hassle Claims

If you're a People's Trust Policyholder, your policy entitles you to 24/7 emergency service for covered damage repairs. To report a claim, call People's Trust first at 1-561-609-1002.

### **The Claims Process**



Our work isn't done until you are completely satisfied. If we elect to repair, all workmanship is backed by a 3-year, 100% customer satisfaction guarantee.

### Ready When Damage Strikes

We're here when you need us. Emergency teams are on call and warehouses are stocked.



#### **Together Through Recovery**

Our recovery partner will be with you every step of the process—from choosing materials to managing subcontractors—until you're back to pre-loss condition.

# Simplified Claims. Rapid Recovery. Call us first.



#### **Your First Call**

We're ready 24/7 to set your recovery in motion with one call.

1-561-609-1002



#### **Repairs Begin**

You pay the deductible on your policy, and our preferred contractor completes or coordinates necessary repairs covered under your policy, if we elect to repair.



#### **Assess Damage, Determine Coverage**

We'll schedule a Field Adjuster to perform an onsite inspection to assess damage. Then, the adjuster will call you to discuss coverage and next steps.





#### **Emergency Response 24/7**

In emergencies, our emergency recovery partner will be deployed immediately to your home upon notice to prevent further damage.

In the event of a loss, policyholders should always CALL PEOPLE'S TRUST INSURANCE FIRST at 1-561-609-1002 to take advantage of **seamless**, **no-hassle recovery**.

For illustrative purposes only. If we elect to repair, an entity affiliated with People's Trust Insurance Company may coordinate or provide all repair services in conjunction with our Better Way approach. Participation in the Better Way approach requires the selection of the Preferred Contractor Endorsement Form, E023. Our Better Way approach is subject to product terms, exclusions and limitations.

People's Trust created this guide as a helpful tool for our community. We have many resources available to assist you.

Find out how People's Trust can help you protect your home and be better prepared this hurricane season: 1-561-609-1000.

The material included in this guide is for informational purposes only and is not intended as specific advice for any individual. Please always refer to recommendations from your local community, municipality, county or state officials, as well as law enforcement, for more specific emergency management advice.

